



## ADDING MIRRORS

### ◀ LAYERING NATURAL LIGHT

"Mirrors reflect the natural light to move through the space easier, bouncing it around and layering the natural lighting levels, especially in pockets of a room with more shadow," says Andrea Rodman, founder of Andrea Rodman Interiors. "It's good to place a mirror in areas with less light. This accessory creates more depth and allows more light to travel through the room with its reflective surface."

[www.andrearodman.com](http://www.andrearodman.com)

### ◀ DISPERSING TO DARK AREAS

"The reflections through mirrors can transfer the original light to a different direction, such as dark areas," says Sean Zhang, founder and creative director of Ocrum. "They help create unique effects, especially during the daytime. To play with natural light, place mirrors in the opposite direction of the windows but with slight angles."

[www.ocrumstudios.com](http://www.ocrumstudios.com)



### ▶ BE STRATEGIC

"Lighting should enhance the desired ambience in the room, as well as ensure there is ample light for the intended function of a space," says Chad Falkenberg, principal at Falken Reynolds Interiors. He puts forth a few considerations:

- Our eyes are drawn to light sources
- Avoid uncomfortable glare from above, such as recessed lights over seating areas
- Place recessed lights near walls rather than at the centre of the hallway. This way, the wall is illuminated and diffuses light gently into the space. If more light is needed, for instance, in rooms with tall ceilings, add wall lights to shine light onto the floor
- Use diffused lighting in areas requiring maximum alertness or visibility, such as kitchen countertops, entrances, laundry rooms and closets
- Eye-level lighting is calming. Our eyes are positioned lower in sitting rooms, so we tend to use more table and floor lamps around sofas and armchairs

"In this open space, the lighting helps create distinct areas," Chad says. "The dining room is a cosy gathering spot, the living room is for relaxing, and the kitchen is for easily preparing meals for the family or entertaining large groups. The lighting helps us achieve all the different ambiances and create a cohesive singular space."

[www.falkenreynolds.com](http://www.falkenreynolds.com)



## POSITIONING LIGHTING FIXTURES

### ▲ LAYER UP

"For evenings, I prefer to not use overhead lights as much as possible and always use lamps as they provide a nice soft glow to wind down," says Christina Loucks, who helms her eponymous studio. "This space has lovely tall ceilings and layers of height with details like exposed ductwork and beams. I chose these fixtures to help accentuate the lightness in the space, the curved furnishings, and the tall windows and ceilings. The more your eye flows up, the larger the space feels. As you add layers of height for your eye level, the space grows visually. What's most important is to have fun with your lights and experiment!"

[www.christinaloucks.com](http://www.christinaloucks.com)

## ALL THE LITTLE DETAILS

▲ The Bandido team shared some additional practical tips to keep in mind:

- Evaluate and assess the investment you will need to replace the lightbulbs in your space. Consider lifespan and maintenance costs
- Consider the CRI (colour rendering index) range – the measurement of how colours look under a light source when compared with sunlight – you need in your light sources. LED lighting offers a higher spectrum of CRI compared to fluorescent

[www.bandidostudio.com](http://www.bandidostudio.com)